



CONNECTION IS PREVENTION

## SACY STEP ADULT TOOLKIT : Teens, Cannabis & Alcohol

Ever think:

“What’s the big deal, it’s only weed.”

“My kid gets decent grades so I’m not sure what reasonable limits are.”

“I’m not sure what to say to my teen about it.”



### SACY Adult Toolkit: Add to your skills & knowledge about teens, alcohol & cannabis

Join SACY and STEP facilitators in a friendly and non-judgemental evening for caregivers to discuss:

- Practical information on alcohol and marijuana related to teen development
- Strategies that counselors use to help teens make healthy decisions
- First steps in how to increase understanding, move forward and effect change in your relationship with your teenager

**The SACY ADULT TOOLKIT is offered 3 times in 2015-2016:**

Wednesday December 2, 2015 – 6:30 to 8:30 pm

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Thursday March 31, 2016 – 6:30 to 8:30 pm

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Thursday June 9, 2016 – 6:30 to 8:30 pm

The SACY portable is on the grounds of Sir Charles Tupper Secondary School (419 East 24<sup>th</sup> Ave.) The portable is on the corner of Prince Edward St and East 23<sup>rd</sup> Ave.

\*Childcare subsidy may be available on request

### Limited Seating!

To reserve a seat call: 604-713-6000 ext 2588

Or email one of:

[ajwilson@vsb.bc.ca](mailto:ajwilson@vsb.bc.ca)

[sumeet.ghuman@vch.ca](mailto:sumeet.ghuman@vch.ca)

